

# Day Ticket



wetsuits included

## All Access pass

	Child	Adult	Family
Day Ticket	£25	£35	£110
Extra Day	£22	£30	£95
2hr Lesson	£15	£15	£50
1hr Lesson	£11	£11	£35

Customers must show competence in paddleboarding, sailing, windsurfing, skiing & snowboarding before being able to take equipment.

Otherwise they must join a lesson at £11 per head

# Biking



## Mountain Bike hire

	3hr	Day	+Day
Child	£10	£15	£11
Adult	£12	£18	£15
Electric	£15	£22	£20
Child seat	£5	£7	£5

£100 Security deposit held against damage from missuse.

# Wildlife Tour



## Daily Sailings

	11:00	2:00	4:00	6:00*
Child				£5
Seniors				£5
Adult				£7
Family				£20
Private Group >12				£50

6:00pm sailing  
Please book by 4:00pm.

# Season Tickets



wetsuits included

## Week Passes

	Child	Adult	Family
5 Days	£85	£105	£295
7 Days	£95	£125	£345

## Season Passes

	Child	Adult	Family
3 Months	£130	£180	£350
6 Months	£150	£225	£500
9 Months	£200	£350	£600

# Nature Walks



## Guided Walks

### Guided Mountain Biking Sessions

	2 hr	Day
Child	£21	£50
Adult	£24	£60

Join one of our experts as you explore nearby the enchanting Glenfeshie woodlands.

# Gliding



## Cairngorm Gliding Trips

2hr Trial lesson £75

Speak to us about the fantastic Cairngorms Gliding Club just up the road..

Note: Not included in Day or Season Tickets





# Pedalo's

## Pedalo's & Rowing Boats

	1hr	2hr	Day
1 - 3 person	£20	£30	£40
4 - 6 person	£25	£35	£50

The easiest way to enjoy the water without getting wet..



## Open Canoe hire

	1hr	2hr	Day
Small Canoe	£20	£30	£50
Large Canoe	£25	£35	£60

Canoes are a dryer option providing you don't capsize.

Two adults per small boat plus a small child is fine.

The more weight you put in the boat the more unstable it becomes!



# Kayak

## Sit on Top Kayaks

	1hr	2hr	Day
Single Kayak	£10	£18	£25
Double Kayak	£16	£21	£39
Wetsuit	£5	£7	£15

Easy to pick up for all ages

Almost 100% Safe from capsizing!

Participants will get extremely wet!



# Golf

## Invereshie 9 hole course

Course fee	£10
Season	£150

Note: Course Fee Not included in Day or Season Tickets

## Golf Club Hire

Club hire	£10 per set
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Our Neighbours wee Highland golf course is a beautiful new addition to the facilities at Loch Insh.



# River Trips

## Kingussie - Loch Insh Trip

Easy entry Level river trip. canoe or paddleboard or kayak! Begginers must go with a guide

## Guided River trips

Kingussie - Loch Insh or Loch Insh - Aviemore

Child	£45
Adult	£55

## Kingussie No Instruction

1 Person	£55.00
2 Persons	£37.00 per head
3 - 4 Persons	£32.00 per head
5 - 6 Persons	£30.00 per head
7 - 11 Persons	£25.00 per head

## Canoe / Kayak Group lesson

1/2 Day

Child	£23
Adult	£28

## Loch Insh - Aviemore Trip

The more challenging Loch Insh to Aviemore stretch of water. We only offer in Kayaks or Double Kayaks. Previous experience required.

## 2 Day Paddlsports courses

### Introductory course

	Child	Adult	Family
	£99	£135	£400

Day 1 Kingussie - Loch Insh  
Day 2 Loch Insh - Aviemore

### Intermediate Course

	Child	Adult	Family
	£149	£175	£495

Day 1 Grantown - Balindaloch  
Day 2 Balindaloch - Aberlour



# Paddle board

wetsuits included

## Stand Up Paddle Boards

	1hr	2hr	Day
O'Shea	£15	£25	£40

The easiest activity we do!

## Paddleboard Group lesson

	1/2 Day
Child	£29
Adult	£39

# Wind Surf

wetsuits included

## Windsurf hire

	2hr	Day
Beginner board	£25	£35
Intermediate	£30	£40
Kit Insurance	£5	£10

Progress in comfort and safety with top of the range wet suits included.

Loch Insh is ideal for beginners right the way through to developing your freestyle skills.

# Sailing

wetsuits included

## Sailing hire

	2hr	Day
Optimist / Bug	£15	£25
Topper / Fun	£26	£39
Pico / Topaz	£33	£49
Seafarer	£44	£59
Omega / Dart	£45	£65

Rig it reef it and right it?  
... you can hire it!

## Windsurfing Group lesson

	1/2 Day
Child	£29
Adult	£45

## Sailing Group lesson

	1hr	1/2 Day
Singlehand' Child		£29
Singlehand' Adult		£45
Seafarer	£65	£120

## Jumbo Team Paddle Hire

	1hr	2hr
Child (max 16)	£8	£12
Adult (max 8)	£10	£15

Great fun for all the family

## Jumbo Group lesson (with Instruction)

	1/2 Day
Child	£21
Adult	£24

## Wetsuit & Waterproof Hire

	2hr	Day
Wetsuit+Boots	£7	£10
Sailing suit	£7	£10
Helmet or BA's	£5	£8

All Equipment taken off site requires a £100 security deposit to be held against loss or damage.

Should Equipment not be returned in reasonable condition we will deduct the cost to repair.

## Private Lessons

A great way to progress a little quicker or concentrate on one aspect of your skills you need to work on.

We have experts in all we offer our instructors love the challenge of one on one personal development.

This is also a cheap lesson for all the residents to compliment their free hire periods.

	1hr	2hr	Day
Private Instructor	£35	£70	£140

# Jumbo's

wetsuits included





# Snowboard & Skiing

**Ski or Snowboard hire**

	1/2hr	1hr	2hr	Day
Ski / Board	---	£12	£15	£25
Sledge	£7	£10	£15	

All hirers must wear a helmet and gloves which are provided at all times.

No non skiers allowed on the slope during ski / board sessions.



# Archery

**Archery Group Lesson**

	1hr	2hr
Child	£15	£21
Adult	£17	£24

**Private Lessons**

1 Person	£40.00
2 Person	£23.00 per head
3 Person	£18.00 per head
4 - 6 Person	£15.00 per head



# Courses

**Paddle, Sail, Windsurf & Multi-sport Courses**

	Child	Adult	Family
1 Day	£55	£70	£200
2 Days	£99	£135	£400
3 Days	£140	£190	£550
4 Days	£180	£240	£675
5 Days	£215	£275	£775

The best value RYA courses in the whole of the UK

**Ski & Board Group Lessons**

	1hr	1/2 Day
Child	£15	£23
Adult	£17	£28



# Fishing

	3hrs	Day	+Day
Permit P/P	£5	£10	£5
Rod & Reel	£10	£15	£10
Outboard	£30	£40	£30
Gillie	£39	£69	£99
	£89		

£100 Security deposit on Outboards



# Monsters Club

**Launching & Storage**

	Day	Week	Season
Single	£5	£20	£150
Double	£7	£25	£200
Dinghy	£10	£45	£250

All equipment left at owners own risk.

Loch Insh accepts no responsibility for damage or theft of personal equipment.

All water users will wear appropriate personal buoyancy at all times.

All users will store their equipment in a tidy fashion so as to not endanger members of the public

Loch Insh rescue is available between the hours of 8:30 and 5:30 each day

**Fishing + Guide Package**

Explore the Spey with our expert.

Includes everything you need for a great day out including lunch and refreshments. Please call to book

	3hrs	Day	+Day
Package	£125	£195	£145

**Little Monsters Kids Club**

Drop your kids off for an action packed adventure whenever you like!

5 hours in one day!  
Fully qualified instructors will look after your little monsters from 9 - 5

9:00 - 9:30 Check in

9:30 - 12:00 Paddle Board

12:00 - 1:30 Lunch

1:30 - 4:00 Sailing

4:00 - 5:00 Archery

5:00 - 5:30 Check out

**Monsters Club £55**