



Paddle Boards

1½ hour

Single SUP £22

Group intro' per person £40

Tandem £35

Jumbo SUP 4 person £66

Paddle Board Nature Tours

Sunrise S.U.P.

Single Kayak

Double Kayak

2 Seat Canoe

3 Seat Canoe

4 Seat Canoe

Group intro' per person

Group intro' per person

£40 8:00am - 9:30am

Canoes & Kayaks

1½hr

£18

£40

£36

£34

£40

£38

£45

£77 **River Rapid Paddle**

Loch Insh to Aviemore Tues + Sat 2:00pm - 5:30pm

Jungle Float Session times

10:30 - 1:30 - 3:30

Jungle float is not included in the standard day ticket

£15 per person

Session time includes 30 minutes to get into wetsuits before a one hour session on the jungle float.

Wetsuits can be hired for £5



Under 16 = Child | Students 10% off all prices



Windsurf & Wing

1½hr

Beginner £25

Tots Group intro' £30 per person

Group intro' £40 per person

Intermediate kit £40

Wingfoil £40

Group intro' £40 per person

One-2-One £95

Instructor only, kit must be added



Tots Oppie intro £30 per person

Funboat £25

Fusion £40

Fusion intro £40 per person

Hawk £50

Hawk intro £125 max 6pax

Cat 16 £50

£125 max 3 pax



Beaver Tails & Wildlife Trails

1 person Multiple

Canoe £45 £95

SUP or Kayak £65 £95

Guided day trip £55 per person (minimum 4 people)

Peddalos & Rowing

1 hour

2 - 6 Persons £35

Archery

1 hour

Group intro' per person £20

Child Adult Family £175 £49 Jungle + £54 £61 £215



Day Tickets

Wetsuits & Boots

1½ Hour

Day

½ Day £15

£5

£30



Ski & Snowboard

1 hr 2hr

Slope & tow £20 £15

Kit Hire £5 £5

Tots Group intro' £30 per person

Group intro' £40 per person

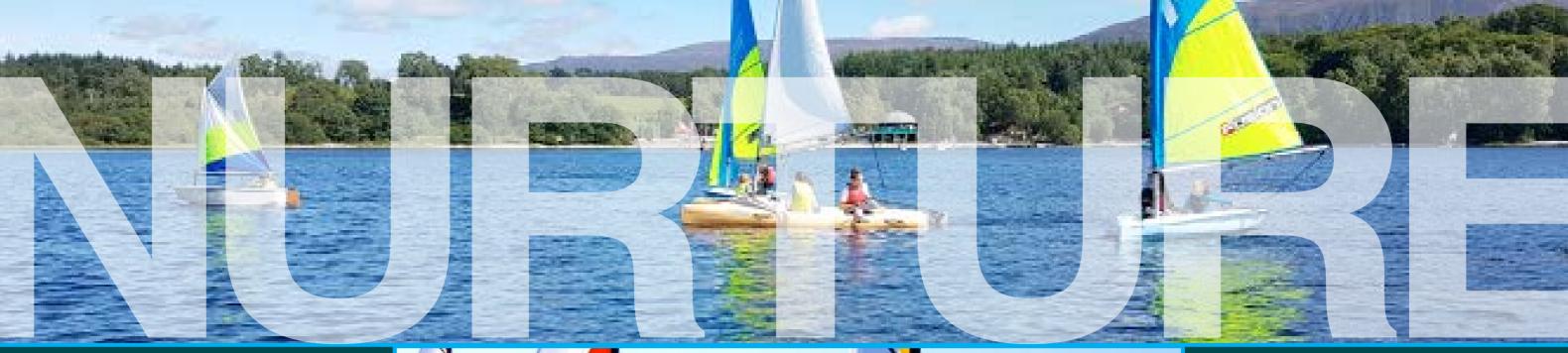
Mountain Bikes

½ Day Day

Child Bike £25 £18

Adult Bike £25 £35

*Bikes are not included in Day ticket



Residential Package

Residential packages are available if you are participating on any multi day activity courses.

Insh Hall Bunkhouse

lo. Nights	B&B	Full Board
1	£75	£90
2	£150	£180
3	£215	£260
4	£280	£340
5	£345	£400

Winter Courses

Beginner to advanced Ski and Snowboard 2 - 5 day courses

An introduction to snowsports on local mountains from mid December to April.



Taster Lessons

	Tots < 8	1½hr
Group Tasters	£30	£40
(Day ticketers)	£15	£20
Private Lesson	S	£95
(Max 2 persons)		

Course Prices

	Child	Adult
2 Days	£195	£215
5 Days*	£299	£399

Courses

Multi sport activity weeks for 5 - 16 year olds only

Sailing - Stage 1 Basics
Stage 2 Capsize
Stage 3 Improving Skills
Stage 4 Advanced Skills

Windsurfing - Stage 1 Basics Stage 2 Harness Stage 3 Footstraps Stage 4 Waterstarts

Paddling Kayak, SUP, or Canoe Kingussie to Loch Insh - Basics Loch Insh to Aviemore -Introduction to moving water

Spey descent - 5 days from Loch Insh to the sea.
*Plus £100pp for Spey Descent



Speyside Superstars

For local primary children after some after school fun!

Mon & Wed 3:30 рм - 5:00 рм

Fridays 1:00 pm - 5:00 pm DOUBLE SESSION 4HRS

In Service 10:00 AM - 5:00 PM TRIPPLE SESSION 7HRS



Master Clinics

Sailing, Windsurfing or Paddling our enthusiastic instructors are ready when you are for top tips and more

Keep an eye on the web site for weekends and week courses hapening throughout the year



Superstars Vouchers

Pick and choose the sessions online

6 session voucher £110

12 session voucher £210

30 session voucher £510

30% Off for season ticket holders

MonstArs Kids Club

Participants must be competent and eager to take part for the duration of the lesson

Friday Slopestyle 5 - 7 PM SKI & BOARD FREESTYLE TUITION

Saturday Windsurfing 2 - 4 PM

Sunday Sailing 2 - 4 PM

£20 per session to pay as you go Included with season ticket

Season Tickets

	Child	Adult
Single	£245	£345
Couple	£395	£595
Tripplets	£495	£695
Family (4)		£795

Children under 12 must be acompanied by a responsable adult at all times.



	Child	Adult
Master weekend	£195	£295
	1½ hr	3hr
One to One	£95	£170