

Company Name	LOCH INSH	 LOCH INSH OUTDOOR CENTRE
Address of Premises	KINCRAIG INVERNESS - SHIRE PH21 1NU TEL: 01540 651272	

Task	Curling	Risk Assessment No.	RAB0491
Name of Assessor	J Freshwater	Signature	J.Fresh
Assessment Date	17-09-2025	Review Date	17-09-2026

What are the significant hazards?	Who might be harmed and how	What are you already doing	Do you need to do anything else to control the risk?	Action by Who	Action by Date	Completion Date
Being hit by stones	Staff and visitors	Make sure group is well managed and all games are played adhering strict safety rules explained in the briefing	Monitor closely groups behaviour and step in early if someone is not playing safely	Staff	immediate and ongoing	
Damaging back by Lifting heavy stones	Staff and visitors	Chose the equipment wisely for the group, only stronger - larger children should use the adult stones, smaller kids must stick to using the kids stones	Move the larger stones to a place out of sight to stop smaller kids being tempted to use them	Staff	Immediate and ongoing	
Dropping stones on toes	Staff and visitors	Set up the session before the group get there so there is no need to have people around when you are lifting the stones on to the rink	Instructor to move stones if necessary don't let the group help	Staff	Immediate and ongoing	
Overcrowding	Staff and visitors	Limiting and monitoring numbers on the rink. A maximum number of 16 customers may be present in the predetermined curling area at one time. Any extra teams can watch from the side of the rink	Have a competition to allow all teams to have a go	Staff	immediate and ongoing	